

**22nd ANNUAL
LAWRENCE OX ROAST RUN
SUNDAY, SEPTEMBER 3, 2006
LAWRENCE MICHIGAN
SPONORED BY LAWRENCE LIONS CLUB
&
LAWRENCE OX ROAST COMMITTEE**

5 KILOMETER(3.1 MILES)

&

15 KILOMETER(9.3 MILES)

5 KILOMETER WALK

AWARDS:

7 AGE DIVISIONS FOR MEN & WOMEN
T-SHIRT GUARANTEED TO ALL RUNNERS
FREE PANCAKE BREAKFAST TO ALL RUNNERS

ENTRY FEE:

\$10.00 PRIOR TO AUGUST 27, 2006
\$12.00 AFTER AUGUST 27, 2006

SCHEDULE:

7:30 AM TO 8:45 AM ASSEMBLY, OBTAIN RUNNER PACKETS, LATE REGISTRATION
9:00 AM START OF WALK
9:00 AM SHARP, START OF RUN

COURSE:

5K WALK, A FLAT FAST LOOP AROUND TOWN
5K RUN SAME AS THE WALK
15K RUN, EXCELLENT MARATHON TUNE UP

EMERGENCY MEDICAL SERVICE PROVIDED BY
LAWRENCE QUICK RESPONSE TEAM

RETURN ENTRY FORM AND CHECK MADE PAYABLE TO:

LAWRENCE OX ROAST RUN
P O BOX 261
LAWRENCE MI 49064

PLEASE PRINT – PLEASE PRINT – PLEASE PRINT – PLEASE PRINT - PLEASE PRINT – PLEASE PRINT – PLEASE PRINT – PLEASE PRINT

OX ROAST RUN ENTRY FORM OX ROAST RUN

NAME _____ AGE _____ SEX _____

ADDRESS _____
MAILING ADDRESS CITY STATE ZIP CODE

DISTANCE: CHECK ONE ()5K WALK ()5K RUN ()15 K RUN
SHIRT SIZE: ()MEDIUM ()LARGE ()X-LARGE
AGE DIVISION: ()UNDER 13 ()14-19 ()20-29 ()30-39
()40-49 ()50-59 ()60&OVER

IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY FEE, I, FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASSIGNEES, DO HEREBY RELEASE THE LAWRENCE OX ROAST COMMITTEE AND OTHER RACE SPONSORS FOR ALL CLAIMS DAMAGES, DEMANDS, ACTIONS WHATEVER IN ANY MATTER ARISING OR GROWING OUT OF MY PARTICIPATION IN SAID ATHLETIC EVENT. I ATTEST AND VERIFY THAT I HAVE FULL KNOWLEDGE OF THE RISKS INVOLVED IN THIS EVENT. I HEREBY AUTHORIZE THE OX ROAST COMMITTEE ITS ASSIGNEES AND TRANSFEREE, TO USE, REPRODUCE, MODIFY AND PUBLISH PHOTOGRAPHS AND/OR VOICE RECORDINGS OR ME AND/OR MY PROPERTY IN CONNECTION WITH ANY OF ITS PUBLIC RELATIONS AND/OR ADVERTISING PROJECTS.

SIGNATURE _____

(PARENT OR GUARDIAN, IF UNDER 18 YEARS)